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Despite existing evidence and agreement on some of the effective treatments for persons with mental illness, research shows that few patients with psychiatric disorders receive evidence-based care (Horvitz-Lennon et al, 2009; Resnick and Rosenheck, 2009). In addition, research is

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limited on the evidence base of the policies and politics of the mental health delivery system, including agencies, programs, and service effectiveness.

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Psychiatric nurses  
provide nursing care to

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patients suffering from  
mental illness in a  
variety of settings.

When thinking of the  
average psychiatric  
nurse, you may conjure  
up thoughts of the evil...

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vision of Mary C. Townsend to provide the most clearly written, comprehensive text for psychiatric mental health nursing. Its evidence-based, holistic approach to nursing practice focuses on both biological and behavioral components. The 8th Edition of this popular text delivers even more of what

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In its full-colour, fifth  
edition, Mary  
Townsend's

"Psychiatric/Mental  
Health Nursing:  
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Practice" is still the  
most clearly written text  
on the subject. The  
stress/adaptation model  
remains the conceptual  
framework for the

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delivery of nursing care,  
providing a foundation  
of psychiatric mental  
health nursing  
knowledge to the  
student.

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Postings addressing  
evidence to support  
mental health care

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decisions are regular and frequent. However, despite our impressive progress, remnants of our disciplinary history of sole reliance on personal experience and opinion are still evident. My last two editorials (see Vol. 18 and Vol. 19) addressed this exact point.

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Decision Making in  
Psychiatric and Mental  
Evidence Based  
...

Psychiatric nursing or  
mental health nursing is  
the appointed position  
of a nurse that  
specialises in mental  
health, and cares for  
people of all ages  
experiencing mental  
illnesses or  
distress. These include:

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schizophrenia,  
Nursing  
schizoaffective disorder,  
Evidence Based  
mood disorders, anxiety  
disorders, personality  
Concepts Skills  
disorders, eating  
And Practices  
disorders, suicidal  
thoughts, psychosis,  
paranoia, and self-harm.

---

Psychiatric and mental  
health nursing -  
Wikipedia  
Essentials of Psychiatric  
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This new edition

continues to retain the

reader-friendly style,



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emphasis on therapeutic communication, and the nursing process organization that was successful in the previous edition.

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A ...

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Welcome to the first  
issue of Evidence-Based

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Mental Health, a journal designed to help mental health clinicians stay up to date with the best available evidence as it is published. Evidence-Based Mental Health is one of a number of resources being developed to help clinicians who want to use the strategies of evidence-based practice (EBP). 1 EBP harnesses

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recent advances in  
clinical epidemiology,  
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biostatistics, and  
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information science to  
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Evidence-based practice  
in mental health |

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environment with a

special focus on

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health disorders,

pathophysiology of

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treat psychiatric  
illnesses as well as  
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Pass your classes ...

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Important for  
psychiatric and mental

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health nurses, it is critical that implementation of evidence-based findings occurs across multiple settings (i.e., beyond specialty mental healthcare units) to medical settings, such as primary care areas in which mental health services are provided, and to non-specialized settings, such as

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criminal justice and school systems and community social service agencies, where mental healthcare is delivered (Proctor et al., 2009).

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Evidence for Psychiatric  
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Nursing ...

Illness management and  
recovery is an evidence-

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based, psychiatric  
treatment framework  
Nursing  
designed to allow  
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patients to participate  
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proactively in their own  
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recoveries. During  
ongoing weekly  
sessions, behavioral  
health practitioners help  
patients develop  
treatment plans and  
identify goals.



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health nursing. Its  
evidence-based, holistic  
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practice concentrates on

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both behavioral and  
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in Mental Health  
Services (EQUIP). This

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coping strategies-  
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psychiatric nursing. The  
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There are a range of  
clinical guidelines that  
evaluate the evidence  
and provide best  
practice for mental  
health (e.g., National  
Institute for Clinical  
Excellence [NICE],  
which provides...



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Accompanying CD-  
ROM has review  
questions for the  
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audio glossary.

The revised reprint  
*Page 41/84*

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includes all new DSM-5 updates, updated psychiatric nursing content, along with new opening unit pages with vignettes, Selected Concept boxes and a new chapter on stress and stress-related disorders. This updated version equips yourself for today's psychiatric nursing practice with all of the essential nursing

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combined with current  
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based practice. From the  
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author of the bestselling  
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Foundations of  
Psychiatric Mental  
Health Nursing, this text  
was specifically  
developed to effectively  
prepare students in  
today's shorter courses.  
New DSM-5 criteria

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boxes in an appendix

Updated Chapters

include: Chapter 17:

Schizophrenia Spectrum

Disorder – new material

on the Recovery Model

adapted for

schizophrenia, new

Matrix 7 domains for

Cognition affected by

Schizophrenia, and an

updated chapter drug

table which now

includes the latest drugs

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Chapter 15: Mood  
Disorders: Depression □  
the chapter drug table  
has been updated with  
the latest drugs for  
depression Chapter 16:  
Bipolar Spectrum  
Disorders □ the  
medication tables have  
been updated  
throughout Chapter 11:  
Anxiety, Anxiety  
Disorders, and

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Obsessive-Compulsive Disorders □ this chapter has been updated with new content Chapter 12:

Somatoform Disorders and Dissociative Disorders □ the section on somatic symptom disorder has been thoroughly revised

Chapter 19: Addiction and Compulsions □ this chapter has been rewritten with additions

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nursing interventions  
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everyday practice.  
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communication tables in  
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provide examples of

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tables give several  
possible nursing  
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questions introduce

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and assessment process;  
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includes additional  
DSM-5 disorders,  
illustrations of various  
neurobiology disorders,  
a new neurobiology  
learning tool, and new  
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questions to help you  
pass your course and  
thoroughly prepare for  
the psychiatric nursing  
section of the NCLEX.  
REVISED! Examining  
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explain the reasoning

behind nursing

interventions and how  
research affects

everyday practice.

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Art sections in the

clinical chapters provide

examples of therapeutic

and nontherapeutic

communication

techniques as well as

realistic nurse-patient

interaction scenarios.



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and terms clarify  
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real-life glimpses into

clinical practice by

describing patients and  
their psychiatric

disorders. Assessment

Guidelines familiarize

readers with methods of  
assessing patients.

Potential Nursing

Diagnosis tables give

several possible nursing

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diagnoses for a particular disorder along with the associated signs and symptoms. DSM-5 diagnostic criteria identifies medical diagnostic criteria for psychiatric disorders for integration into the nursing plan of care.

Important contributions from psychiatric mental health nursing pioneers are featured in the

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opening unit pages.

Cultural Considerations

sections reinforce the principles of culturally

competent care. Key

Points to Remember

outline the main

concepts of each chapter

in an easy to

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feature the DSM-5

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book on global mental  
health targeted to  
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around the world. The roles that nurses can, and should, play in mental health care are diverse and this book addresses both well-trod as well as emerging concerns across the continuum of care from promotion to prevention to treatment.

Importantly, at the heart of this diversity is the foundation of

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compassion and care,  
the hallmark of the  
nursing profession." □

Vikram Patel, Professor  
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Health and Wellcome  
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Psychiatric disorders

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have consistently been identified as serious and significant global burdens of disease, yet meeting the needs of people in mental distress has not often been a priority in health care.

This important reference work sets out the knowledge base for understanding the state of mental health care globally, and translating



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that into effective  
practice. The Handbook  
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provides a historical and  
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contemporary context of  
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mental health care,  
And Practices  
identifies and discusses  
evidence-based

standards of care and  
strategies for mental  
health promotion and  
explores the need to  
deliver care from  
interdisciplinary and  
community-based

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Models, placing these imperatives within a human rights and empowerment framework. It is made up of four core sections which look at: Key and emerging issues that affect global mental health practice and research, including the social context of health; Evidence-based health promotion strategies for

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major areas of practice internationally; A range of country studies, reflecting different problems and approaches to mental health and mental health care internationally; and What constitutes empowering practice. The only comprehensive work looking at global perspectives on mental health nursing, this is an

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all students, academics  
and professionals  
involved in mental  
health research with an  
interest in global or  
cross-cultural issues.

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